



# Positive Post



Monthly publication to create a soft and positive image of Pakistan

## Prime Minister lauds victorious special athletes



By: Shahban-ul-Haq  
BS27 22117

ISLAMABAD, July 8: Prime Minister Yousuf Raza Gilani paid glowing tributes to the country's special children who grabbed a total of 56 medals at the Special Olympics World Games recently held in Athens. Speaking at a ceremony organized to acknowledge the performance of the special children, at the Prime Minister house in Islamabad, he said Special Children are the heroes of the nation who brought laurels to the country

with their work. He urged the provincial governments to search for potential youth in pursuance of the government's policy to include them in the national mainstream.

The government, Gilani stated, would continue its support to promote sports in the country, adding that the triumphant special children would become goodwill ambassadors. The Prime Minister paid tribute to the coaches who worked day and night to make the children achieve success which eventually brought good name to the country.

The special children won 17 gold, 25 silver and 14 bronze medals in Athens. Pakistani athletes competed in eight sports: athletics, aquatics, badminton, basketball, boxing, cycling, football and table tennis.

The Prime Minister announced reward of Rs 500,000 each for those athletes who won gold medals at the Athens Olympics, Rs 300,00 for silver medal winners and Rs 100,000 for bronze medal winners. Whereas a Rs100,000 cash reward was announced for each coach.

Agencies

## First Pakistani Winter Olympian Brings Pride to a Small Village



By Mohiuddin Abro  
BS35 22936

Skier Muhammad Abbas made a little sporting history by registering Pakistan in the Winter Olympics 2010 in Vancouver, British Columbia, Canada. The 24-year-old Abbas came in ranked 3,764th in the world. He was hardly a medal threat, and wound up third-to-last among the 81 skiers who finished both runs. But it's not about that. His ambitions are to soak up the moment and gain a few helpful hints to bring back to his tiny slope and inspire others. But by competing in off-the-beaten-path competitions, the ones the top skiers only attended when they were younger – if at all – he accumulated enough International Ski Federation (FIS) points to meet the Olympic standards. As a young boy in the far north of Pakistan, Muhammad Abbas would find pieces of scrap wood at the nearby air force facility and, with a little help, fashion them into rudimentary skis. He attached them to his feet with rubber bands.

Contd. on P.g 7

## Pak Media role in PEACE better than India's



Shafaq Younus Usman  
BS30 2491

LAHORE, July 10: Pakistan and India need to revisit their visa related policies besides creating opportunities to provide the maximum interaction among the peoples of both the sides.

Contd. on P.g 6



## Japan to provide Pakistan more \$50m to control polio



Soha Malik  
BS33 22767

ISLAMABAD, July 9: It was stated by the Japanese ambassador Mr. Hiroshi in a meeting with Prime Minister Gillani at the PM house in Islamabad that Japan will provide an additional \$50 million for the polio eradication program.



Prime Minister Gillani thanked the Japanese government for their consistent support in the polio eradication and also their continuous help and support to Pakistan in other difficult times for example Japanese assistance in the aftermath of the 2005 earthquake and 2010 flood affected people.

Ambassador Hiroshi was also very grateful of Pakistan's assistance in the aftermath of the earthquake and tsunami in Japan and also said that the Pakistani community's help in

## Hina Rabbani Khar becomes Foreign Minister



By Syed Omair Ahmed  
BS28 2229

Islamabad, July 20: Hina Rabbani Khar took the oath of Foreign Minister of Pakistan in Islamabad on Monday. She is the first woman who will be holding the office of the Foreign Minister.

The Chairman of the Senate Farooq H.Naek administered the oath of Foreign Minister from Hina Rabbani Khar.

Meanwhile President Asif Ali Zardari said in a statement that her



appointment is a demonstration of the government's commitment to bring women into mainstream and would send positive message about Pakistan's soft image.

Courtesy, Express Tribune

## Colorful Pakistani Beetle Takes Frenchman on Road Trip to Paris



By Subhan Mir  
BS27 21225

A French doctor, Vincent Loos, is taking "Foxy Shahzadi" — a 25-year-old Volks wagen Beetle, 'Foxy' as they're known in Pakistan — for a road trip from Islamabad to Paris to promote a "softer side of Pakistan". The doctor has just finished three years' work at a local hospital. Doctors without borders indeed – or perhaps doctors without sense. The "Foxy" should reach Paris in



July 2011

## Positive Post

A Monthly publication of



*Greenwich University*

A compilation of news made by students of Mass Communication and Media Studies of Greenwich University to highlight positive aspects of Pakistan

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**Acknowledgement**

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**Editor's note**

Currently the society and the country as a whole seems to be in confusion due to various factors. Masses are depressed more when they see a gloomy picture on media. What media portrays may be right but there is positivity in the country too. Keeping this in mind the management of Greenwich University has decided to bring out a monthly newspaper by the name of "Positive Post".

Positive Post will highlight the achievements and developments pertaining to Pakistan that are usually overshadowed by our young electronic media.

It is our endeavour to make Pakistanis think more positively and that is one of the reasons of bringing out this publication.

Your suggestions and comments regarding the Positive Post are welcome.

### Vietnam, Pakistan to Promote bilateral Trade cooperation

By Kinza Paracha  
BS33 2814



Hanoi: The Vietnam Chamber of Commerce and Industry and the Trade Development Authority of Pakistan held a workshop in Hanoi on Friday on trade cooperation between the two countries, with the hope to provide opportunities

for businesses of both sides to exchange and expand their business cooperation. Bilateral cooperation between Vietnam and Pakistan has finally developed over the past years, with two way trade turnover reaching 222.7 million dollars in 2010 from over 80 million dollars in 2005.

Courtesy, The News

### Country's Forex reserves at record high

By Subhan Mir  
BS27 21225

Karachi: Pakistan's foreign exchange reserves rose to a record 18.30 billion dollar in the week ending July 23, from 18.23 billion the previous week, a senior State Bank official said in Karachi on Thursday. Pakistan's

foreign exchange reserves were boosted in June by inflows of 411 million dollar. Including a loan of 191.9 million dollar from the World Bank. Higher export proceeds and a record inflow of remittances have helped forex reserves grow steadily.

Courtesy The Nation

### Rs 900 million allocated for Thar coal power project

By Mohiuddin Abro  
BS35 22936

Islamabad July 21: Federal Finance Minister Abdul Hafeez Shaikh said on Thursday that Rs 900 million had been approved for the Thar coal gasification project to generate 100 MW of electricity.

He made the announcement after a meeting, in Islamabad, attended by Minister of Petroleum and Natural Resources Dr Asim Hussain and Dr Samar Mubarakmand, Member (Science and Technology) of the Planning Commission.

Dr Mubarakmand said at the meeting that success of the Thar coal project would encourage



investment by leading international companies dealing with development of under ground coal. According to him, several companies had

shown interest in the project. Dr Mubarakmand said work on the project was in progress

Contd. on Pg 6

### Germany ratifies investment treaty with Pakistan

By Abdul Wajid Naeem  
BS30 2460

ISLAMABAD, July 8: Germany has ratified the new Bilateral Investment Treaty (BIT) With Pakistan after obtaining consent of its parliament. The entry into force of new Bilateral Investment Treaty will boost economic cooperation with Germany, and guarantees favourable conditions for German companies to invest in



Pakistan. It will also strengthen cooperation between corporate sectors of the two countries.

Contd. on Pg 7

## Norwegian firm to set up 500MW wind power project



By Subhan Mir  
BS27 21225

ISLAMABAD: July 9: Norwegian company NBT has expressed interest in establishing a 500-megawatt wind power project in Pakistan, by investing about \$1 billion in alternative energy, according to NBT Chairman Arne Myre.

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## The Unsung Hero of Pakistan Hoists Pakistani Flag on world's Rooftop



By Yasir Ansari  
BS33 2759

The 48-year-old mountaineer is the only person in Pakistan to have climbed some of the world's highest peaks without supplemental oxygen. To put things into perspective, this means having to climb to altitudes where oxygen levels are less than half of those at sea level.

Sadpara is the first Pakistani to have climbed K2, Gasherbrum I, Gasherbrum II, Nanga Parbat, Broad Peak and Mount Everest. He is now determined to include his name in the Guinness Book of World Records by scaling all of the world's 14 highest peaks. "I have enough talent and skill to accomplish this within a short span of time," he says, adding that he hopes that he can bag the award before any other mountaineer does. However, he is sceptical about getting the money he needs. On the bright side though, Sadpara did get the monetary assistance he required in his pursuit to scale the 'Goddess of the Sky'. "The day I planted my country's flag on the world's highest peak was the most significant day of my life," he says.

Sadpara began as a mere porter who tagged along with foreign expeditions and trekking teams. Inspired by

his father, he gradually started summiting the peaks of Gilgit-Baltistan one after another. Before he knew it, Hassan had reached newer heights. In the summer of 2009, Sadpara decided to pay a visit to the Himalayas. After a meeting with President Asif Ali Zardari, in which Sadpara expressed the hope of getting financial assistance from the government, the president directed his request to the Alpine Club. Following a wait of nine months, Sadpara was sent off to



Nepal, home of Mount Everest. He left along with his four-member team, which comprised his younger brother Muhammad Sadiq, but since the expedition cost \$10,500 each, the rest of the team members had to be sent off for trekking at the base camp instead. Hassan continued his ascent along with a group of Nepalese mountaineers on the world's highest peak.

Contd. on Pg 6



## CT scans cut lung cancer deaths



By Subhan Mir  
BS27 2125

Published: July 4: Current or former heavy smokers screened with low-dose CT scans experienced a 20 percent reduction in lung cancer deaths.

WASHINGTON: Current or former heavy smokers screened with low-dose CT  
Contd. on Pg 6

## Tameer Bank launches micro-insurance product

By Shafaq Usman  
BS30 22491

Islamabad: Tameer Microfinance Bank in partnership with AsiaCare has launched a health micro-insurance product that will be offered to low income individuals to provide them quality healthcare when they need it most.

To mark the launch of the product a signing ceremony was held in Islamabad. Nadeem Hussain, Pres-

ident & CEO Tameer Microfinance Bank and Dr Mehdi Kazmi, CEO Asiacare Life & Health Insurance Company signed the agreement in the presence of officials of both the organizations.

The aim is to help poor households have access to formal insurance that protects against health risks such as severe chronic illness, accidents and obstructed births.

Courtesy, The Nation

## Khushbakht to Inaugurate First Women Entrepreneurs Exhibition

By: Yasir Ansari  
BS33 759

HYDERABAD, July 7: Haq Parast MNA Khushbakht Shujaat will inaugurate the First Women Entrepreneurs Exhibition today at a local hotel. Hyderabad Chamber of Commerce and Industry (HCCI) President Gohar Ullah said this at a press conference held on Thursday at the HCCI.

He said the HCCI, in association with two private firms, was holding the exhibition from July 7-9. This programme is being organized for the first time in the history of Hyderabad, where 40 stalls will be given free of cost to deserving



women who are keen to display their products, including cosmetics, dresses, embroidery and others

Courtesy: The News

## Awareness drive against Hepatitis launched

By: Shahban-ul-Haq  
BS27 22117

Islamabad: Motorway and Highway Police launched a one-day awareness campaign in Islamabad, aimed at informing the motorists about the potentially fatal hepatitis disease.

This awareness campaign came in the wake of the World Hepatitis Day which was observed through out

Pakistan. Media organizations spread awareness among the masses about hepatitis and its causes.

The Motorway and Highway Police distributed informative pamphlets on the Islamabad highway, to the motorist about the preventive measures to be taken to fight the disease.

Courtesy: The Nation

## Ramazan offers opportunity To quit smoking: Scholar

By Yasir Ansari  
BS33 2759

Karachi: Ramazan offers a great opportunity for the Muslims to quit cigarette, a powerful addictive substance, said senior religious scholar and representative of Quran Academy, Engineer Naveed Ahmed.

Talking to media in a session organized by Pakistan Chest Society to commemorate national quit tobacco day, he said fasting compels an addict, including smokers, to change his or her mindset, environment and

the habit. He said Islam strongly disapproves habits and practices that are hazardous either to health of the person concerned or those around them. 'Although there exists no mention of tobacco during the era of the Holy Prophet Muhammad (Peace be upon Him) yet all addictive substances were prohibited', he added.  
*Courtesy, The Nation*



## Mini tourist train to start in Islamabad



By Shafaq Usman  
BS30 22491.

Islamabad: Though the miseries of commuters of twin cities of Rawalpindi and Islamabad are yet to be addressed, however, there is good news for all the recreation seekers, as a mini tourist train will be in their access by July 30.

The Chairman of Capital Development Authority will formally inaugurate the mini train on July 30 in a bid to facilitate and entertain the visitors and the locals. Capital Development Authority has successfully conducted the test drive of the train and now it is ready to be on the road for the general public.

Mini tourist train will start its journey from Rose and Jasmine Garden with a speed of 20 to 25 kilometers per hour and will cover different landmarks of the city.

The fare of Mini tourist train for adults would be Rs 200 and for children Rs 150.

*Courtesy, The Nation*

**“BE POSITIVE  
THINK POSITIVE”**

## Pak Frigate on maritime security mission in Kuwait

By Subhan Mir  
BS27 2125

ISLAMABAD, July 11: An American Perry class frigate is now on its way to Pakistan, after being refurbished and manned by 240 Pakistani sailors. After 30 years service in the US Navy, the USS McInerney was retired, then underwent \$69 million of refurbishment before entering Pakistani service. The refurb included the addition of more anti-submarine capabilities, Strategy Page reported.

The Perry's are 4,100 ton ships that have a crew of 220 and are armed with a 76mm gun, six tubes for launching Mk 46 anti-submarine torpedoes, and a 20mm auto cannon as anti-missile defence. As built, the Perry's had a missile launcher for SM-1 anti-aircraft or Harpoon anti-ship missiles (from a 40 missile magazine), but these were removed from all US Perrys in 2004. This was done because US allies needed the dwindling supply of SM-1 missiles more than US ships did.

The two SH-60 helicopters carried by the Perrys could still use their smaller Penguin anti-ship missiles. The Perrys have air search radar and sonar, and a top speed of 55 kilometres an hour. If Pak built today, the Perry's would cost about \$300 million each.

Pakistan plans to use its Perry class frigate for the anti-piracy patrol off Somalia. But the enhanced anti-submarine capabilities indicate service against Indian subs as well.

*Courtesy: The Nation*

## Greenwich University Organizes Turkish Mela

By Mohiuddin Abro  
BS35 22936

Karachi, 19th July. A Turkish Mela was organized by the students of Greenwich University at a local amusement park, in Karachi. A statement of the institution on Monday said that apart from students, various private companies set up their stalls.

The venue was decorated with

the banners of 'Long Live Pakistan-Turkey Friendship and 'Pakistan-Turkey Dosti Zindabad. Various aspects of Turkish culture, heritage, people, dresses, food, economy and progress were highlighted during the festival.

We want to promote further the friendly ties between Pakistan and Turkey, remarked a student of Greenwich University.

*Courtesy, The Nation*



## Pakistan and Iran: Power Talks

By- Syed Omair Ahmed  
BS28 229

Karachi, July 10: Pakistan is in a continuous constructive dialogue with Iran's electricity minister Majid Namjou on what appears to be a successful attempt to obtain electricity requirements in Pakistan.

Pakistan has had a significant shortfall of electricity to empower the nation with a deficit of 5000 watts. The talks with Iran have led to pact where Pakistan will receive 1000 watts energy from Iran in an export venture.

Iran has been a leading producer and provider of electricity and is a supplier to countries like Iraq, Afghanistan, Turkey and Azerbaijan.

The project will help curb the increasing violent situation in the country that's power ridden and has been facing countless predicaments in its industrial and business sectors.

However, the minister for power and resources Asim Hussain of Pakistan went on to add that the imported power will still fall short of the required amount.

*Courtesy - Press TV*

## Vegetable Exports up by 87 percent

By: Abdul Wajid Naeem  
BS30 2460

KARACH July 10: Export of vegetables and fruits from Pakistan registered an increase of 87.01 percent and 16.55 percent in value terms, respectively, during the last eleven months of the 2010/11, a lead-fruits worth \$26.1 million were exported during the period from July to May2010/11, which was 16.55 percent higher than 446,516 tonnes of fruits worth \$22.4 million exported in the same period of 2009/10, Ahmad Jawad, CEO, Harvest Tradings 590, 503 tonnes, which earned \$20.6 millions in 2010/11.

Country earned \$1,973 thousand by exporting legumious vegetables (pulses) during last eleven months of the year 2010/11. The export of pulses was recorded at only 37 tonnes during the same period.

However, rice export from the country observed negative growth as export of the commodity decreased by 0.69 percent as about 3,411,726 tonnes of rice exported in last 11 months of last financial year as compared with 3,771,986 tonnes of rice exported during the same period of fiscal 2009/10.

*Courtesy: The News*

# ENTERTAINMENT



## Pakistani Film "Bol" attracts thousands, a real breakthrough for Pakistani Cinema

By Subhan Mir  
BS27 2125

Karachi July 12. 'It was a real classic feature film which I have watched produced in Pakistan'. This was the comment of a local businessman Mr Mushtaq Ahmed who rarely watches movies in cinema houses. Mushtaq said that his children insisted him on watching this movie and I am very happy that I did it. He further said BOL theme was excellent and the production by Shoaib Mansoor speaks for it self.

Since its release, "Bol" has been attracting thousands of movie lovers across Pakistan. It has broken all the previous records of Box office.

The story and its treatment is of such standard that you can compare any of the feature film of Hollywood and Bollywood. The music and the performance by the actors were very natural and



all credit goes to Shoaib Mansoor for taking a new cast, which delivered to the satisfaction of the people.

Bol is like a fresh draught of air in Pakistani Cinema and it has justified that if you have will and conviction you can also produce movies of international standard in Pakistan.

Courtesy DAWN

## ALI ZAFAR: FROM "CHANNO" TO CHARITY ....

By Mohiuddin Abro  
BS35 22936

KARACHI, July 4: Ali Zafar, the singer-turned-actor, is hopeful to impart his talent for music to the under-privileged children.

Our music industry's blue-eyed boy has done it again! It is nothing related to Jhoom, his latest album, nor its songs nor videos. It's all about Ali Zafar being in the headlines and creating ripples not only on the Indian shores but on his country's soil too.

The multi-faceted singing personality is also a painter, model and an actor. Zafar's song "Dekha" from his album Masty was part of the soundtrack of American film Wall Street: Money Never Sleeps which was released on September 24, 2010. He is the fourth Pakistani artist after Nusrat Fateh Ali Khan, Strings (a musical band) and Atif Aslam to have his song featured in an American film.

Zafar, who made his film debut in Indian director Abhishek Sharma's comedy film Tere Bin Laden, is in the news these days for many a good reason, across the border. Just one step, as far as Tere Bin Laden's concerned, earned the singer-turned-actor great accolades everywhere, especially in Bollywood.

Recently, the chocolate boy won the top slot as the Hottest New Face in an online poll conducted by the Times of India. Zafar is followed by Ranveer Singh of Band Baaja Baaraat. The poll on the Indian publication's website is known to be a transparent and fair voting mechanism.

When the celeb wins laurels, he thinks it is better to appeal to the masses and has a charitable purpose in mind. Ali Zafar has plans to give back to society. He intends to promote his cause for charity by teaching music to underprivileged children. Apparently, the Pakistani prince of pop is in talks



with various non-profit organizations.

According to a source close to the singing sensation, "Ali was contemplating quite a few options but finally decided on sharing his knowledge on music with the underprivileged as he wants to put his talent to good use and looks like he's found the right way."

When The Express Tribune asked Ali Zafar about his charitable plans and music lessons for under-privileged children, he emphatically asserted: "Music is something that comes naturally to me and I consider it to be the purest thing I can impart at the moment."

Times of India's list of The Hottest New Face of 2010 (Male)

- |    |                |                    |
|----|----------------|--------------------|
| 1  | Ali Zafar      | Tere Bin Laden     |
| 2  | Ranveer Singh  | Band Baaja Baaraat |
| 3  | Suriya         | Rakta Charitra     |
| 4  | Rajat Barmecha | Udaan              |
| 5  | Akshay Oberoi  | Isi Life Mein      |
| 6  | Vikram Kennedy | Raavan             |
| 7  | Luv Sinha      | Sadiyaan           |
| 8  | Meiyang Chang  | Badmaash Company   |
| 9  | Faruk Kabir    | Allah Ke Bande     |
| 10 | Siddharth Kher | Teen Patti         |

Courtesy: The Express Tribune

## CLASSICAL MUSIC IN PAKISTAN

By Shafaq Usman  
BS30 22491

KARACHI, July 5: Three-month summer workshop to learn flute, tabla, harmonium and vocals began in Karachi on Monday.

Ustad Hanif, the coach, said that the workshop aims at training aspiring singers and instrument players the basics. "There is a misconception that learning classical music takes very long. I believe that like any other activity, students can start practising as soon as they get some basic music education."



He hoped to transfer the necessary skills to students over the three months. He said that approaches to teaching had changed overtime. "In old times, the ustads were illiterate people but still learned in the arts. Today's educated people should feel more confident about mastering it," he said.

He said learning was primarily about brains not the "tools", a melodic voice or quick, deft fingers.

He regretted that classical music was fading in Pakistan. In India, he said, people were doing well to save the art. He said that some ustads transferred the knowledge slowly and made quick learning difficult. "It took my Ustad five years to teach me how to count the beats. I feel I can teach it to my students within three months given they put their effort and hard work," he said.

Ten-year-old twin sisters, Mahnoor and Mahrukh, have been Hanif's students since 2009. Their father, Tanveer, who also learned classical singing, said that after giving his daughters initial training in singing, he had sent them to Lok Raahs to learn flute playing.

Ali Zar, a Forman Christian College student, will also attend the workshop. He said he had also attended a dramatic workshop at Lok Raahs last year. "This year, I wanted to learn the harmonium to understand and appreciate classical music," he said.

Muhammad Arshad Mahmood, one of the workshop organizers, said that the security

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## Wapda told to expedite work on Tarbela dam expansion

By: Abdul Wajid Naem  
BS30 2460

ISLAMABAD, July 8: Water and Power Minister Syed Naveed Qamar has asked Wapda officials to expedite work on the Tarbela fourth extension project and complete it ahead of schedule. He issued the directive while presiding over a meeting during his visit to Tarbela dam.

After completion, the project costing 756.9 million dollar will provide cheap electricity and help ease the power crisis in the country. The extension project will provide additional generating capacity more cheaply and cleaner than any thermal alternative with almost no long-term fuel cost. The project is considered to be very attractive because the dam, storage reservoir and tunnel have already been built and water supply has been assured.

The project includes installation of three units of 450MW each on the existing tunnel-4 being used for irrigation releases. The project will provide about 3.5 billion units of cost electricity to the national grid per year.

Courtesy: DAWN



### Contd. The Unsung Hero of Pakistan.....

Finally, on May 12, 2011, the Pakistani flag was hoisted on Mount Everest for the second time. After Nazir Sabir, president of the Alpine Club.

Pakistan's Hassan Sadpara became the second Pakistani ever to conquer Everest.

But the extreme terrain of the Himalayas has not been the most challenging obstacle in the mountaineer's life, who struggles to make ends meet. Inspired by his father, Sadpara took a risk in pursuing mountaineering but does not feel duly repaid. "I represented Pakistan in Nepal and hoisted the nation's flag on top of the world's highest peak. There should at least have been a federal representative at the airport to receive me," he says.

Mountaineering is one of the most challenging sports in the world, requiring the adventurer to risk his/her life but it does not get the same respect — and funding — as other sports in the country, despite the fact that Pakistan has immense potential for mountain-climbing. "Pakistan has 50 peaks above the height of 7,000m — that makes it a great tourist attraction. The government should develop infrastructure to attract foreign tourists," says Sadpara who feels that economic and security conditions deprive this industry of the attention it deserves. As a mountaineer Sadpara wishes to revive the tourism and adventure industry. "I am ready to establish a Mountaineering Training Institute in Skardu to train the youth if the government is ready to support it. This would be helpful in training local talent, and foreigners would

also be interested in attending such training institutes. It could ultimately be a good source of foreign exchange," he says.

Currently, there are hardly 20 countries that have their flags planted on the roof of the world and it is because of mountaineers like Nazir Sabir and Hassan Sadpara that Pakistan is one of them.

### Eight-Thousanders:

The world's highest peaks (mountain, ranges, country, height)

1. Mount Everest, Himalayas Nepal/Tibet (8,850m)
2. K2, Karakoram, Pakistan/China (8,611m)
3. Kangchenjunga, Himalayas, Nepal/India (8,586m)
4. Lhotse, Himalayas, Nepal/Tibet (8,516m)
5. Makalu, Himalayas, Nepal/Tibet (8,462m)
6. Cho Oyu, Himalayas, Nepal/Tibet (8,201m)
7. Dhaulagiri, Himalayas, Nepal (8,167m)
8. Manaslu, Himalayas, Nepal (8,163m)
9. Nanga Parbat, Himalayas, Pakistan (8,125m)
10. Annapurna, Himalayas, Nepal (8,091m)
11. Gasherbrum I, Karakoram, Pakistan/China (8,068m)
12. Broad Peak, Karakoram, Pakistan/China (8,047m)
13. Gasherbrum II, Karakoram, Pakistan/China (8,035m)
14. Shisha Pangma, Himalayas, Tibet, (8,013 m)

Courtesy: The Express Tribune,

### Contd. Colourful Pakistani .....

about two weeks. Only six months ago Vincent Loos's ride was a dust-smear wreck, collapsed at the bottom of an Islamabad street waiting for a final trip to the scrapyard. Loos, an intensive care specialist, restored the car to full health, then hired an artist to paint in the local style known as "truck art". Vincent Loos is travelling by Foxy, and is paying homage to a local motoring cult. Dozens of well-maintained Beetles ply the streets. (the writer's, in a cool grey, is Betsy, a proud 1967 model.)

The body is covered in a psychedelic array of flowers, waterfalls and the faces of famous Pakistanis. The idea behind the 6,000-mile trip is to promote the "soft side" of Pakistan. "We want to show the world it's not just about terrorism," says Loos. Now the "Foxy Shahzadi", or Beetle Princess, is the most distinctive car from Lahore to Lyons. His team is equipped with an ample stock of spare parts and a line of Urdu poetry inscribed on the bonnet: "Every mother's prayer is a breeze from paradise."

Courtesy: Express Tribune,

### Contd. Twenty Six Projects.....

Besham area of Shangla district.

Muhammad Ishaq further said that after the losses and damages to transmission lines during the historic devastating floods in Pakistan, the General Manager (Grid System Operation) Sharafat Siyal has been looking after all the 26 power projects over River Indus for which a British company is being consulted.

Courtesy, The Nation

### Contd. Colorful Pakistan.....

an intensive care specialist, restored the car to full health, then hired an artist to paint in the local style known as "truck art". Vincent Loos is travelling by Foxy, and is paying homage to a local motoring cult. Dozens of well-maintained Beetles ply the streets. (the writer's, in a cool grey, is Betsy, a proud 1967 model.)

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Courtesy: Express Tribune,

### Contd. Pak Media role in peace.....

Trust deficit has caused both Pakistan and India heavily and its time to focus on trade and commerce opportunities in order to strengthen economies of both the countries and achieve peace in the region. Acclaimed Indian journalist Barkha Dutt of NDTV moderated the discussion.

The purpose of the event was to promote a free and frank exchange of views. One of the Participants said that they need to open not just their eyes but ears too and some felt that there is a need to focus on the concrete developments possible on both sides of the border by focusing on and utilising trade opportunities.

Another point highlighted was the demand to broaden areas of interaction between peoples of India and Pakistan. One of the participants expressed his views that Pakistani media was playing a better and more positive role in projecting Indian image in Pakistan unlike India's media.

Another participant underlined the need for a more pragmatic approach to bridge the gap between the two neighboring countries and that the ongoing engagement between both the countries at various levels should be taken further.

Courtesy: The News

**Contd. Rs 900 million .....**

and the first 50 MW gasifier had been completed.

The project to cost Rs 8,898.7 million, with a foreign exchange component of Rs 5,847.3 million, had been approved by the Executive committee of National Economic Council on Dec 9 last year.

*Courtesy, The Nation*

**Contd. Classical Music.....**

situation in the country held people back from learning performing arts. The registration fees, he said, had been kept low to make it affordable to a greater audience.

Registration forms are available for Rs 2,000 at Punjab Lok Rahs office in Garden Town. They can also be accessed online.

**About the coach**

Ustad Hanif is a gold medalist in flute playing and classical singing from the All Pakistan Music Conference. He has an audio engineering degree from the University of Manchester, and learned flute playing from Pundit Chander Das in India and Khadim Hussain Haider and Master AW Neelam in Pakistan. Currently, Ustaad Hanif has been teaching music at several schools, Care Foundation and the Lok Rahs.

*Courtesy: The Express Tribune*

**Contd. Japan to provide.....**

raising funds for the affected people was highly respected and reported by the Japanese media.

It is great to know that the two countries enjoy a multi-faceted relations and have always come forward to assist each other in period of distress.

*Courtesy: The Nation*

**Contd. First Pakistani.....**

These days, Abbas uses Atomic skis and equipment donated to him through his country's ski federation, along with the Pakistan Air Force. Abbas is skiing for the country of his birth and for the pride of the small, primitive village in which he still lives, deep in Pakistan's mountainous north. When these games began, Abbas walked into B.C. Place as part of a curious fraternity: almost one quarter of the 82 countries at the Vancouver Games are, like Pakistan, represented by a single athlete.

*Courtesy: The Nation*

**Contd. CT Scans cut lung.....**

scans experienced a 20 percent reduction in lung cancer deaths compared to those screened using chest X-rays, a US study found.

The National Lung Screening Trial, conducted starting in 2002 among 53,454 patients at a high risk of developing lung cancer, is the first to show that screening using low-dose helical computed tomography can reduce lung cancer mortality by identifying tumors early.

Lung cancer is the most lethal form of cancer in the United States, where more than 94 million current or former smokers are at elevated risk of the disease.

Patients have often not learned they had lung cancer until they experience symptoms of the disease, at which time the cancer is likely advanced and has less chances of getting cured.

Scientists compared mortality rates between those current and former heavy smokers between the ages of 55 and 74 who received three annual screenings using low-dose CT scans compared to those receiving chest X-rays for the nearly decade-long study.

Participants had smoked at least a pack a day for a minimum of 30 years, and were current or former smokers without symptoms, signs or history of lung cancer.

A helical CT (computed tomography) uses X-rays to obtain a multi-

image scan of the chest as a whole, while a standard chest X-ray yields a single image of the entire chest where anatomic structures like on top of each other, and thus sometimes CT conceals a cancerous tumor in its early stages.

"The results of the study say that the time has come for considering LDCT screening for lung cancer," said Constantine Gatsonis, a leading statistician in the trial and chair of biostatistics in the public health program at Brown University's Warren Alpert Medical School.

"For the first time, we have a study that says, 'Yes, you can actually reduce lung cancer mortality in heavy smokers via screening.'

This is tremendous." Study co-author Ilana Gareen noted that the screening's impact should not be considered alone, but rather in tandem with diagnosis.

"The screening and subsequent diagnostic work-up will also impact patients' emotional and physical health and will result in increased levels of health care utilization," she said in a statement.

The research results, published online in the New England Journal of Medicine, provides a more detailed analysis of results first published in November 2010, along with additional data showing a stronger link between the use of the CT scans and a drop in mortality

By AFP

**Contd. Pakistan Fast Track.....**

topics that included anti-corruption, anti-doping, discipline and attitude," added Alam. "And in the evening session, we had both coaches and players working together one-on-one in a bid to enhance their skill level with the help of video analysis."

A shift in focus Meanwhile, Nawaz emphasised that the programme will be focusing on the bowlers improving their use of the new ball to the best of their abilities, keeping in mind ICC's new regulation where bowlers will have to use the new ball

far more frequently.

"The idea is to let the bowlers understand the use of a new ball with more authority which is more lethal than the reverse swing these days," added Nawaz.

"So I think we have to learn how to use the ball with more authority and not just rely on reverse swing. We have to bring about a transition in the thinking of the bowlers who have been relying too much on reverse swing, ignoring the other im-

**Contd. Germany ratifies.....**

After ratification by Germany, the new Bilateral Investment Treaty has replaced the old agreement for protection of investment, which the two countries had signed in 1959. Germany is an important source of Foreign Direct Investment in Pakistan. Many German companies are doing business in Pakistan, and

statistics showed that during fiscal year 2009-2010, Germany was fifth largest source of Foreign Direct Investment in Pakistan.

The new version of Bilateral Investment Treaty was signed on Dec 1, 2009, in Berlin during the visit of Prime Minister Yousuf Raza Gilani.

*Courtesy: DAWN*

**Contd. Norwegian Firm.....**

Speaking at a meeting with Water and Power Minister Syed Naveed Qamar on Monday, said the company had already applied for a Letter of Intent (LOI) and after its issuance, it would complete a 250MW wind project within 18 months.

According to Myre, NBT owned 27 per cent shares of Nordic Wind Power, a reputed name among wind turbine manufacturers in the world. He said his company would establish hydropower projects in Pakistan and asked for setting tariff and providing support.

Naveed Qamar said the company's involvement in Pakistan's wind energy market would be encouraging for the market and other investors.

Qamar claimed that all departments concerned would be contacted to speed up the process, allowing timely initiation of the project. He also asked Alternative Energy Development Board (AEDB) to finalise upfront tariff for wind projects with National Electric Power Regulatory Authority (Nepra).

"Alternative energy projects remain the government's top priority and it will offer incentives to investors who establish wind power projects by 2012," added Qamar.

*Courtesy: The Express Tribune*

portant techniques of making the ball swing. But I am here to instruct them all to enhance their ability.

The PCB have been struggling to find support from the full member boards in reviving international cricket in Pakistan, given the security concern in the region. Pakistan has not hosted any of the ICC full member teams since the attack on Sri Lanka's team bus in 2009. However, Afghanistan made the first trip to the country earlier this year.

*Courtesy: Express Tribune,*

**"Once you replace negative thoughts with Positive ones, you'll start having Positive results"**

# SPORTS



## IMRAN BACKS ICC BAN ON GOVERNMENT MEDDLING



By: Abdul Wajid Naeem  
BS30 2460

KARACHI: Pakistan's legendary former captain Imran Khan on Thursday welcomed a decision from cricket's governing body to ban political appointments, calling for a total revamp of the national board.

The ICC executive board on Thursday gave cricket boards 12 months to implement free elections and another 12-month grace period to enact the changes before any sanctions would be considered.

The Pakistan Cricket Board (PCB), whose chairman Ijaz Butt was appointed by the president, was not immediately reachable for comment but it has threatened legal action in the past if the constitution is changed.

Khan told AFP that the PCB now had a chance to become a real institution if the system was overhauled.

"The amendment will help Pakistan as there is no transparency and accountability in the current set-up," Khan told AFP.

"But to gain full benefit, Pakistan must fix the cricket structure with a new constitution on regional grounds where officials are elected."

Khan said the changes could allow Pakistan to perform better.

"If we have our cricket structure right, Pakistan has more talent than anywhere in the world, and we will dominate the world," said Khan, who led Pakistan to their only World Cup title in 1992.

Former PCB chairman Arif Abassi said reform had long been needed. "I resigned in 1996 because there was uncalled for government interference when I wanted to make the PCB a private company with shares," said Abassi.

Abassi said the ICC was after Pakistan after a slew of public irregularities and said: "It's now time we find the right people to overhaul our system and who know how to do it," he said.

But fellow former PCB chief Khalid Mahmood rejected the ICC imposition as a violation of Pakistan's independence.

"The ICC has no business to tell us how to run our cricket," said Mahmood, calling for legal action if necessary.

"We must resist on this and although legal action is the last resort, one has to back it because we have to draw a line on sovereignty," said Mahmood.

Former spinner Iqbal Qasim thought Pakistan would have trouble in enacting the change.

"While other Boards like England and Australia have a proper system, Pakistan will face some problems in implementing the change and they will need to overhaul the system from grass-root level," said Qasim.

"We need to think out a proper plan, be it with the government's help, to implement the change in two years."

Bangladesh and Sri Lanka are also directly affected by the amendment as their cricketing affairs are similarly run on government directives.

Courtesy AFP

## Pakistan Fast-Track Coaching Programme: Focus shifts from reverse swing to using the new ball

Soha Malik  
BS33 22767

LAHORE, July 5: The Pakistan Fast-Track Coaching Programme kicked off in July and will be looking to shift the bowlers' focus from reverse swing to using the new ball more effectively after the International Cricket Council's (ICC) new regulation of using two new balls from each end.

The ICC executive committee in its recently-held annual meeting in Hong Kong recommended restricting the elective Powerplays to between the 16th and 40th over of each innings and also directed the use of two new balls per innings – one from each end – changes that will come into effect from October this year.

The ongoing PCB Fast-Track Coaching Programme is providing training to the country's top bowlers and



batsmen under the supervision of former fast-bowler Sarfraz Nawaz and batsman Mohsin Khan and Ijaz Ahmed.

While on international tours, players do not have enough time to address the flaws in their technique with the coaches individually," PCB's Game and Development Director Intikhab Alam told reporters.

"So availing the spare time, we have organised this programme to dig into the players' techniques and help them make crucial improvements.

"On the first day in the morning session, we had lectures on various  
Contd. on P.g 7

## KHAN & WASEEM OUTPUNCH RIVALS IN JAKARTA

By Kinza Paracha  
BS33 2814

Islamabad, July 5: Amir Khan and Muhammad Waseem won their respective matches to progress to the next round.

Pakistan boxers punched their way into the quarter-finals of the 21st President's Cup International Boxing Tournament in style.

While, South Asian Games bronze medallist Aamir Khan knocked down Indonesian boxer Deni Hutasoit in the first round of his bout, flyweight boxer and Commonwealth Games bronze medallist Muhammad Waseem outpunched Reza Korzbori of Iran 22-6 in his pre-quarterfinal match.

Indonesia's Dadan Amanda, however, got the better of the third Pakistani playing today, as Syed Muhammad Hussain was defeated 30-10.



The 64-kg light-welterweight bout between Khan and Hutasoit turned out to be the fight of the day. The 20-year-old from Lyari, floored his rival with a deadly punch within the first two minutes of the match. In the first minute, Khan's combination of left and right punches clearly disoriented his opponent forcing the referee to make a mandatory count.

Hutasoit, however, was able to recover, but as soon as the bout resumed, a lethal punch floored him for good. Khan next faces Russain Malinin Alexander.

Courtesy: The Express Tribune